



# Basic Rules of Boston Touch Rugby



**2-Handed Tags!**

**Ball-carrier cannot initiate the tag**

## When a player is tagged:

- Offensive player places ball down and rolls it back between legs
  - Ball-carrier **must** wait for ball to be picked up before moving
- Defense must retreat 5-meters from the tag
- Offensive teammate must pick up the ball - **NO TAP REQUIRED**

## What results in a turnover?

- The 6<sup>th</sup> tag
- “Dummy-Half”
- Touch & Pass
- Running out of bounds
- Any ball that hits the ground
- Forward pass / Knock-on
- Obstruction
- Repeated over-running the mark

## What are defensive penalties (Resulting in 6-more tags)?

- Failure to retreat 5m
- Pulling jerseys, aggressive tags
- Offside
- Knock-On

## “Dummy Half” Rules;

- Player who picks up the ball off a tag or turnover is “Dummy Half”
  - No “Dummy Half” rules following a try, or the start of a half
- “Dummy Half” can run with the ball, but cannot score a try
- If “Dummy Half” is tagged before passing, it is an immediate turnover

## When do I “tap” off the foot?

- After a turnover
- After a try
- At the start of a half